

days' time the breasts may become somewhat *hard*, and rather *red*; when you give baby his bath, lave the breasts with warm water poured *over* the breasts with a *sponge*, but do *not* soap them. When wiping the infant after the bath, dry the breasts very thoroughly with a soft napkin, and anoint them with *white* vaseline; this may be repeated at night. In order the more fully to protect the breasts, place a thin layer of medicated cotton wool over them. There is one part of baby's attire that is apt to chafe the tender breasts—the front of the gown, when it gets stiffened by the milk ejected or spilled over it. Now, it is very undesirable to be frequently changing the gown in a case like this, and equally so to have it soiled, and I advise a *soft* bib to be used to protect it, which can be frequently changed without disturbing baby. I emphasise *soft* bibs, and prefer them extemporised from old cambric pocket-handkerchiefs, or, better still, white silk, made soft by repeated washing—to the orthodox marsala article, fastened round the neck like Toby's collar. They (the handkerchiefs) should be put on crosswise, over one shoulder and under one arm, and pinned there with a safety pin. They never slip, and they never half choke the baby like the aforesaid, and hence I prefer them for cot use.

Supposing, now, that for some reason or other both breasts or one of them inflame, and we get increased swelling, hardness, heat, and redness (I have no experience of all this happening under sensible treatment; but I *do* know that hundreds of infants have "broken breasts" as well as mothers), we must apply bread and water poultices. I have told you in one of my papers in the Maternal portion of my subject how to prepare them *delicately*, and need not repeat the instruction. The rags used for the poultices should be of the *softest*—the same may be said of the bread. This distressful termination is of course a "pull-back" to poor baby, but it is not often of long duration; and there is nothing carries him over this and all his other baby troubles like breast-feeding.

There is yet another infantile trouble coeval with those we have just touched upon, the saddest of all—the familiar "sore eyes," in Midwifery Nursing known as infantile (or, shall we not rather say congenital) ophthalmia. As this is a matter of extreme importance to women engaged in Obstetric Nursing, we will give the matter our fullest attention.

(To be continued.)

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## NURSING ECHOES.

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PRINCE AND PRINCESS CHRISTIAN gave a tea party on Saturday at Cumberland Lodge to the children of the Queen's Schools in Windsor Great Park, the entertainment being in commemoration of the recent Royal wedding. Princess Christian, Princess Aribert, Princess Victoria of Schleswig-Holstein, and Miss Loch waited upon the boys and girls, who received slices of the Royal wedding cake. The children engaged in cricket and ran races opposite the Lodge for prizes presented by their Royal Highnesses. The festivities were unfortunately marred by an accident to a boy named Lightfoot, who was knocked down by a ball and rendered unconscious for some time. The little fellow was carefully attended to by the Princesses, who got him conveyed into the Royal residence.



At the forthcoming International Congress of Hygiene and Demography, to be held in London next month, women's work is to be presented under the head of State Hygiene; and Miss Margaret Eleanor Scott has been selected to read a paper on "Women's Work in Promoting the Cause of Hygiene." Miss Scott is the only lady in the United Kingdom who has passed the examination in sanitary science and law, which qualifies her to act as a sanitary inspector.

THE Congress ticket is now ready, and intending members are strongly urged to obtain this ticket some time before the opening of the Congress. By so doing, the work of the organising committee will be greatly facilitated. It may be well to point out that the Congress will be opened at 3.30 p.m., on Monday, August 10, and all who wish to be present at the opening ceremony must have obtained their Congress ticket, and also a ticket for St. James's Hall, by three o'clock at the latest. It is feared that if members delay their application till Monday, August 10, it may be found impossible to issue them with sufficient rapidity. Intending members are, therefore, reminded that Congress tickets may easily be

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